

Daytime Menu

Nibbles

Beer Battered Samphire with Lemon Hollandaise V | Korean BBQ Pork Belly Bites | Chorizo with Red Wine and Garlic GF | Halloumi Fries with Spiced Tomato Chutney V, GFO | Olives VG, GF | Falafel and Plum Sauce VG GF - **£6 Each or Three for £15**

Small Plates

- Chargrilled Peach Salad** | Caramelised Pecans, Prosciutto, Chicory Leaves, Whipped Goats Cheese GF, N, VO - £10
- Seasonal Soup** | served with Sourdough Baguette GFO - £8
- Smashed Tomato Bruschetta** | Garlic & Parsley Butter, Toasted Sourdough GFO - £9 *Add Three Tiger Prawns - £6*
- Stanwell Scotch Egg** | Please ask for details of the current special - £12

Sharing Boards

- From The Garden** | Hummus, Stuffed Peppers, Balsamic Onions, Marinated Artichokes, Vine Tomatoes, Grilled Aubergine and Courgette, Smoked Halloumi, Crudités, Black Garlic Mayonnaise, Tzatziki, Miso Glazed St.Ella Goats Cheese, Sourdough, Focaccia V, VGO. GFO - £30
- From The Land** | Prosciutto, Truffle Ham, Bresaola, Bavette Steak, Balsamic Onions, Vine Tomatoes, Cornichons, Tunworth, Cranborne Blue Cheese, Béarnaise Sauce, Piccalilli, Red Onion Relish, Sourdough, Focaccia GFO - £32
- From The Sea** | Mussels, Whitebait, Tiger Prawns, Cockles, Beetroot-cured Salmon, Avruga Caviar, Battered Samphire, Fennel & Rocket Salad, Charred Lime, Crème Fraiche, Tartare Sauce, Lemon Hollandaise, Blinis, Sourdough, Focaccia - £32

Sandwiches, Salads and Burgers

Sandwiches are served on a choice of Granary, White or Baguette and can be made Gluten Free on request

- Open Crab Mayonnaise Sandwich** | Lettuce, Tomato, Skin on Fries GFO - £16
- Rock Salmon Dog** | Breaded Rock Salmon, Black Garlic Tartare, Gem Lettuce, Brioche Roll, Crispy Capers, Pickled Cucumber, Triple Mustard Mayo, Skin on Fries - £16.50
- Open Mediterranean Vegetable Sandwich** | Mozzarella, Pesto, Skin on Fries GFO, V, VGO - £14
- Reuben Sandwich** | Sauerkraut, Wessex Pastrami, Emmental, Pickles, American Mustard, Skin on Fries GFO - £16
- Isle of Wight Crab and Heritage Tomato Salad** | Pickled Shallots, Pesto Mayonnaise GF - £24
- St Ella Goats Cheese Crostini** | Tomato, Courgette, Aubergine, Mixed Olives, Micro Herb Salad GFO, V, VGO - £18
- Steak Sandwich** | Red Onion Relish, Croissant Bun, Cranborne Blue Cheese, Skin on Fries, Peppercorn Sauce GFO - £18
- Smashed Aged Brisket and Bone Marrow Beef Burger** | Pesto, Mozzarella, Beef Tomato, Garlic Mayonnaise, Croissant Bun, Skin on Fries GFO - £20
- Buttermilk Chicken Ceasar Burger** | Stanwell Ceasar Dessing, Baby Gem, Parmesan, Streaky Bacon, Croissant Bun, Skin on Fries - £20
- Falafel Burger** | Pickled Slaw, Lettuce, Tomato, Hummus, Croissant Bun, Skin on Fries GFO, V, VGO N - £18

Stanwell Signatures

- Fish and Chips** | Fillet of Cornish Haddock, Chunky Chips, Mushy Peas, Tartare Sauce - £22
- Cornish Mussels** | Served with Fresh Bread and Skinny Fries GFO - £18 | £10 - Starter *No Fries*
Served in a choice of White Wine, Cream Garlic or Coconut, Lime Leaf, Chilli

Mains

- Gnocchi** | Rosary Ash Goats Cheese, Spinach, Olives, Roquito Peppers V - £18
- Cornish Day Boat Fish of the Day** GF | Served with Samphire, Lemon Hollandaise and a choice of side - Market Price
- 28 Day Aged 8oz Ribeye Steak** GFO | Cherry Tomato and Rocket Salad - £32
served with a choice of side and sauce - Peppercorn, Red Wine, Bearnaise GF

Sides

- Confit Garlic & Lemon Samphire** GF | **New Potatoes** GF | **Side Salad** GF | **Seasonal Greens** GF - £5 each
- Fries**
Chunky Chips GFO | **Skin on Fries** GFO - £5 each
Garlic, Truffle & Parmesan Loaded Fries | Truffle Mayo, Chives, Crispy Onions GFO - £7 each

