

Daytime Menus

Nibbles

Beer Battered Samphire with Lemon Hollandaise | Pork Quavers Mussell Popcorn | Padron Peppers with Black Garlic Mayonnaise | Olives Honey and Mustard Glazed Chipolatas | Hummus and Toasted Sourdough

£4 Each or Three for £10



Sharing Boards and Light Bites -

From The Land

Sliced Continental Meats, Pork Sausage Roll, Local Cheese, Smoked Ham, Pickles

£28

Beetroot Carpaccio Sauteed Wild Mushrooms, Whipped Goats Cheese GF £10

> Grilled Chicken Satay Peanut Sauce N, GF £10

From The Garden

Olives, Hummus, Stuffed Peppers, Pickled Onion Rings, Black Garlic Mayonnaise, Fried Halloumi, Isle of Wight Soft Cheese, Sourdough V, VG. GFO

£22

Venison Carpaccio Celeriac, Pommegranate, Charred Artichoke GF £13

From The Sea

Smoked Salmon, Tiger Prawns, Pickled Cockles, Picked Crab, Whitebait, Avruga Caviar, Crème Fraiche, Blinis

Seasonal Soup served with fresh Sourdough GFO £8

> Salt and Pepper Squid Black Garlic Mayonnaise GF £10

Sandwiches, Salads and Burgers

Soy Glazed Salmon Salad

with Sesame Seeds, Garlic, Ginger, Celery, Onion, Tomato, Cucumber, Mint, Rice GF

£19

Smoked Salmon Sandwich with Smashed Avocado and Peppered Cream Cheese, Skin on Fries

£15

Open Tomato Melt Sandwich

with Beefsteak Tomato, Pesto Salsa, Organic Laverstoke Farm Mozzarella, Rocket, Black Olives, Skin on Fries

£12

Croque Monsieur | Madame Ham and Cheese, Topped with Cheese and Onion Fondue, Skin on Fries

> £13 add Fried Egg for Madame

Chargrilled Mediterranean Veaetables and Halloumi Salad with Peppers, Aubergine, Courgette, Balsamic Dressing GF, VGO

Thai Beef Salad with Chilli, Celery, Tomato, Coriander, Lime Leaf GF £18

Open Toasted Lymington Crab Mayonnaise Sandwich

with Watercress, Skin on Fries

£16

Open Chicken Club Sandwich with Lettuce, Bacon, Tomato, Soft Poached Egg, Skin on Fries

£14

Dry Aged, Grass-Fed Beef Burger

IOW Tomato Relish, British Gruyère, Gherkin, American Mustard, Lettuce, Brioche Bun and Skin on Fries

GFO

£20

Southern-Fried Chicken Burger Home-Cured Bacon, IOW Tomato Relish, British Gruyère, Gherkin, Lettuce, Tomato, Brioche Bun, Skin on Fries £20

ф

Sweet Potato & Onion Bhaji Burger IOW Tomato Relish, British Gruyère, Gherkin, Lettuce, Brioche Bun, Skin on Fries V, VGO, GFO £18

Sandwiches are served on a choice of Granary, White or Baguette and can be made Gluten Free on request



Stanwell Signatures

Cornish Day Boat Fish Pie Young Leeks, English Peas, Smoked Cheese Potato and Greens GFO £22

Cornish Mussels

White Wine and Garlic Served Fresh Bread and Skinny Fries GFO £18

Ham, Egg and Chips

Honey Roast Ham, Fried Egg, Triple Cooked Chips, Pea Purée GF £18

Fish and Chips Fillet of Local Fish, Triple Cooked Chips, Mushy Peas, Tartare Sauce

£20

Lobster Macaroni

Poole Bay Lobster, Thermidor Sauce, Samphire, Grantinéed

£28

Mains -

Half Grilled Lobster

Lemon Hollandaise, Cherry Tomato and Rocket Salad, Skinny Fries GFO

£32

Roasted Crown Prince Squash

Risotto, Honey Pumpkin Seeds, Goats Cheese, Herb Salad GF

£17

Grilled Local Fish of the Day GF Market Price

Pan Roasted Turbot

Surf Clam Velouté, Squid Ink Linguine, Samphire

£30

Gnocchi

Wild New Forest Mushrooms, Isle of Wight Blue Cheese, Watercress

£16

28 Day Aged Sirloin GF Cherry Tomato and Rocket Salad

both served with a choice of side and sauce Peppercorn, Red Wine, Lemon Hollandaise ALL GF



Confit Garlic & Lemon Samphire GF | Bread & Butter New Potatoes GF | Triple Cooked Chips GF Skin on Fries | Seasonal Greens GF

£5 each

Daily Special

Please ask your server for today's special

GF - Gluten Free, N - Contains nuts, V - Vegetarian, VGO - Vegan Option Available, GFO - Gluten Free Option Available,

If you have any special dietary requirements or allergies, please let a member of staff know as soon as possible

Please be advised that a discretionary service charge of 12.5% will be added to your bill.



